



**Ms Sara Dorman**

**MBChB BMSc (Hons) MSc FRCSEd MFSTEd**

**Consultant Paediatric Orthopaedic Surgeon**

**MEDICO-LEGAL CURRICULUM VITAE**

of

**MS SARA DORMAN**

**MBChB BMSc (Hons) MSc FRCSEd MFSTEd**

**CONSULTANT PAEDIATRIC ORTHOPAEDIC SURGEON**

**Specialist in Hand & Upper Limb Surgery**

**PERSONAL INFORMATION**

Year of First Qualification: MBChB 2010 - University of Dundee

Year of First Appointment as a Consultant: 2022

General Medical Council Registration No: 7071027 (Full)

Specialist Register (Trauma & Orthopaedics) Since 30 October 2021

Contact details for medico-legal work: Support Team: Virtual Admin UK  
01503261788

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**MEDICO-LEGAL EXPERIENCE**

Date Medico-Legal work started: 2024

Claimant / Defendant ratio 80 / 20 %

Ms Dorman commenced medico-legal practice in 2024 following formal training, including completion of the Bond Solon Excellence in Report Writing (England & Wales). Her medico-legal practice is supported by extensive experience in peer-reviewed academic writing, structured clinical documentation, and complex surgical decision-making.



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## SPECIAL INTERESTS

- Paediatric upper limb surgery
- Cerebral palsy upper limb reconstruction
- Congenital hand differences
- Limb deformity correction
- Limb reconstruction
- Complex paediatric trauma
- Paediatric fracture management

## SUMMARY OF SURGICAL EXPERIENCE

I am a Consultant Paediatric Orthopaedic Surgeon with subspecialist expertise in complex upper limb surgery and paediatric reconstructive procedures. My clinical practice is exclusively paediatric and includes the management of cerebral palsy, upper limb spasticity, congenital hand differences, limb deformity correction, limb reconstruction, and complex paediatric trauma.

I have extensive experience in the surgical and non-surgical management of paediatric fractures, congenital and developmental conditions, and neuromuscular disorders affecting the upper limb. My work includes elective reconstructive procedures such as tendon transfers, corrective osteotomies, deformity correction using circular frames, and multidisciplinary management of children with complex functional needs.

My training and consultant career have included international clinical appointments in Zambia, Nepal, Malawi, Cambodia, and Australia, where I have contributed to advancing paediatric orthopaedic surgical services and sustainable healthcare initiatives. These roles have involved complex case decision-making in both resource-rich and resource-limited settings, enhancing my breadth of clinical judgement and adaptability.

I have authored and co-authored peer-reviewed publications in paediatric orthopaedics, including work relating to surgical outcomes, deformity correction, upper limb spasticity, fracture management, and service delivery. I have delivered national and international presentations and have been actively involved in clinical governance, audit, and quality improvement initiatives within the NHS and overseas.

My medico-legal practice is founded upon this comprehensive clinical and academic background, supported by formal expert witness training. I provide balanced, evidence-based opinions grounded in current orthopaedic standards, national guidelines, and contemporary surgical practice.



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## QUALIFICATIONS

BSSH Postgraduate Hand Diploma (Current)

Lady Estelle Wolfson Emerging Leaders Fellowship (2023)

MFSTEd – Member of the Faculty of Surgical Trainers, RCSEd (2020)

FRCSEd (Tr & Orth) – Fellow of the Royal College of Surgeons of Edinburgh (2019)

MSc Trauma & Orthopaedics, University of Salford (Merit) (2018)

MRCS (RCSEd) (2013)

MBChB, University of Dundee (2010)

BMSc (Hons) Anatomy and Forensic Anthropology (First Class) (2008)

## MEMBERSHIP:

- Fellow of the Royal College of Surgeons of Edinburgh (FRCSEd)
- Member of the Faculty of Surgical Trainers, Royal College of Surgeons of Edinburgh (MFSTEd)
- Member of the British Orthopaedic Association (BOA)
- Member of the British Society for Surgery of the Hand (BSSH)
- Member of the British Society for Children's Orthopaedic Surgery (BSCOS)
- Member of World Orthopaedic Concern

## MEDICO-LEGAL DECLARATION

Ms Dorman understands her duty to the Court and that this duty overrides any obligation to the instructing party. She confirms that her opinions are independent, objective, and based upon her clinical expertise and current orthopaedic standards of care.



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## DETAILED EXPERIENCE

### EMPLOYMENT HISTORY

Date	Role	Hospital	Speciality	Supervisor
Nov 2022 to present	Substantive Consultant	Sheffield Children's Hospital	Paediatric Orthopaedic (specialist hand & upper limb)	N/A
Aug 2022- Oct 2022	Visiting Fellow	Institute de la Main, Paris	Upper Limb Spasticity	Caroline LeClerq
Aug 2021- Aug 2022	Post CCT Senior Clinical Fellow	Children's Hospital Westmead, Sydney	Paediatric Orthopaedics (CP, Upper limb, Foot & Ankle)	Prof Little Dr Gibbons Dr Axt
Aug 2020- Aug 2021	National Paediatric Fellow (OOPT)	Sheffield Children's Hospital	Paediatric Orthopaedics	Mr Cashman Mr Fernandes
Feb 2020- Aug 2020	ST7	Alder Hey Children's	Paediatric Orthopaedics (CP, Limb reconstruction)	Mr Bass Mr James
Aug 2019 – Feb 2020	Out of Programme (OOPE)	Children's Surgical Centre, Cambodia	Paediatric Orthopaedics Limb Reconstruction	Jim Gollogy Fergal Monsell
Feb 2019 - Aug 2019	ST7	Chester	Lower Limb Arthroplasty	Prof Harrison
Aug 2018 – Feb 2019	ST6	Royal Liverpool University Hospital	Foot & Ankle	Mr Sirikonda Mr Singh
Feb 2018- Aug 2018	ST6	Chester	Upper Limb, Hands UL Paediatric Orthopaedics	Mr Nixon Mr Kenyon
Aug 2017- Feb 2018	ST5	Chester	Foot & Ankle	Mr Wood Mr Kenyon
Feb 2017 – Aug 2017	Out of Programme	Maternity leave		
Aug 2016- Feb 2017	ST5	Warrington	Sports Knee Spine	Mr Stables Ms Morgan



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Feb 2015- Aug 2016	ST4	Alder Hey	Paediatric Orthopaedics (CP, Foot & Ankle)	Mr James Mr Garg Mr Wright
Aug 2015- Feb 2016	ST4	Leighton	Lower Limb Arthroplasty	Mr Duckett Mr Pegg
Feb 2015- Aug 2015	ST3	Royal Liverpool University Hospital	Lower Limb Arthroplasty	Mrs Banks Mr Kapoor
Aug 2014 – Feb 2015	ST3	Macclesfield DGH	Upper limb, Hands	Mr Waseem Mr Fischer
Feb 2014 - Aug 2014	CT2	Royal Liverpool University Hospital	Limb reconstruction & Trauma	Mr Nayagam
Aug 2013 - Feb 2014	CT2	Alder Hey Children's	Paediatric Orthopaedics	Mr Bruce Mr Bass
Feb 2013- Aug 2013	CT1	Walton Centre	Neurosurgery	Mr Barrett Mr Clarke
Aug 2012- Feb 2013	CT1	Countess of Chester	Foot & Ankle, Spine (T&O)	Mr Wood Mr Braithwaite
Aug 2011 - Aug 2012	FY2	NHS Tayside	Orthogeriatrics, A&E, O&G	Dr Gillepsie Mr Johnston
Apr 2010 - Aug 2011	FY1	NHS Tayside	Endocrinology & Rheumatology T&O Colorectal Surgery	Dr Brennan Mr Boscainos Mr Campbell



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## COURSES

### Non-Technical

<b>July</b>	<b>2024</b>	<b>Excellence in Report Writing – England and Wales (Bond Solon)</b>
Jan	2024	South Yorkshire Orthopaedic Trainers day
Dec	2020	Makaton Safeguarding workshop for children and adults with communication difficulties
June	2020	Makaton level 1-4, non-verbal communication and signing with children and families
Apr	2020	Equality and diversity (HEE)
Apr	2020	Teach the Teachers (Oxford Medical)
Apr	2020	Medical Management, Leadership and Conflict resolution (Oxford Medical)

### Paediatric Orthopaedic

Jun	2023	Gillette Motion Analysis and Gait Interpretation
Feb	2021	Congenital Hands & Tumours Instructional (BSSH)
Oct	2020	Global Clubfoot Advanced course (Global clubfoot)
May	2018	Paediatric Level Two (Orthofix, Verona)
May	2016	Operative Techniques in Children's Orthopaedic Surgery (Bristol)
Feb	2016	AO Paediatric (AO, Leeds)
Nov	2013	SPR Casting Course (TEACH)
Sept	2013	Ponseti Manipulation and casting course (TEACH)
Sept	2012	Pre Hospital Paediatric Life Support (Orkney, Basics Scotland)
Dec	2011	Paediatric Life Support & Advanced Life Support (NHS Tayside)

### General Orthopaedic

Nov	2023	3rd MasterClass: surgical skills in upper limb
Jun	2023	British Association of Upper limb spasticity meeting
Oct	2022	2nd Master Class: Surgical skills in upper limb spasticity
Jun	2022	Musculoskeletal Ultrasound (Australian Institute Ultrasound)
Jun	2021	Hull Deformity Course (Hull)
Apr	2021	European Trauma Course



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Dec	2020	Introduction to TSF (Hull)
May	2020	Ganga Hand course (Virtual)
June	2019	Open Tibia Course (Liverpool)
Jan	2019	Anatomy and Surgical Exposures in Orthopaedics (RNOH, Oswestry)
Sept	2018	Basic Science FRCS course (Nottingham)
Mar	2018	Spinal Bootcamp (RLUH)
Sept	2017	Trauma Bootcamp (Aintree)
Sept	2017	BOA Clinical Examination Course (Liverpool)
Jan	2017	BOA Instructional Course (Manchester)
Sept	2016	BOA Clinical Examination Course (BOA, Belfast)
Aug	2016	FORTE Summer School (Faro, Portugal)
June	2016	Good Clinical Practice
June	2016	AO Spine Principles (AO, BOTA)
Feb	2016	Fundamentals External Fixation (Orthofix, Verona)
Jan	2016	BOA Instructional Course (BOA)
Jan	2016	NHS Leadership Course

17 more available on request

## Research

June	2020	Research methods and Paper review (BJJ)
Mar	2020	Granule recruiting for RCTs (NIHR)
Aug	2019	Good Clinical Practice Refresher (NIHR)
Sep	2018	Statistics for FRCS (Nottingham)
Oct	2013	Research Methodology Course (RLUH)
July	2013	Statistics Course (Oswestry)



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## Sports/ Pre- hospital

- Apr 2014 Immediate Medical Management on the Field of Play (RFL)
- Oct 2013 Trauma management in a military environment (Mersey Deanery)
- Oct 2013 Immediate Care in Sport (RFU, Twickenham)
- Jun 2012 Pre Hospital Trauma Life Support (Knockhill)

## **TEACHING:**

### **Current**

- Upper Limb Neuromuscular Lead for Sheffield Advanced Paediatric Course.
- Departmental teaching lead T&O, Sheffield Children's Hospital 2023.
- Academic & Clinical Supervisor for South Yorkshire T&O deanery. 2023.

### **Previous**

- Hand & Upper limb instructor, Watford Cadaveric Course, Apr 2023.
- Upper Limb & paediatric Instructor, FRCS Chesterfield Course, 2023 - current
- Hand & Upper limb anatomy demonstrator, FRCS approaches course Sept 2023.
- Management of Paediatric MSK Infection faculty, AO alliance for Africa, 2023.
- Teaching organiser for orthopaedic programme (Medical Student, Senior House office and Nurse) Sheffield children's 2020-2021. Westmead children's 2021-2022.
- Paediatric Orthopaedic Lecturer South Yorkshire Registrar Teaching Jan 2021.
- Orthopaedic Resident Curriculum Trainer, Children's Surgical Centre (2019-2020)
- Orthopaedic Practical Skills Tutors, Doctors Academy Summer School (2013, 2018)
- Annual MRCS anatomy day CSTs - lecture & demonstrator (2016)
- Honorary Clinical Tutor University of Liverpool 2013-2014, 2019
  - PBL Tutor (University of Liverpool, 2013)
  - Anatomy Demonstrator (Surgical Scousers)
  - 2nd Year Medical Student Lecturer (2019)
- Anatomy Demonstrator, MRCS Preparation Course Cardiff (2013)
- Clinical skills and simulation tutor (University of Dundee, 2011-2012).



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## PEER REVIEWED PUBLICATIONS:

- In Press Indirect hexapod frame assisted reduction of chronic radial head dislocations in children: 20-year experience and technical tips. Dorman S, Green N, Fernandes J.
- Jul 2023 The role of Gender in Operative Autonomy in orthopaedic Surgical Trainees (GOAST). Bone Joint J. Downie S, Cherry J, Dunn J, Harding T, Eastwood D, Gill S, Johnson S; BORCo collaborative authors. (PMID: 37399113).
- Jan 2022 Circular frames without x-ray – lessons learned regarding radiation exposure during tibial deformity correction from low & middle-income countries. *Tropical Doctor*. Shelton J, Dorman S, Yinna K, Thorpe P, Narayan B, Gollogly J. (PMID: 34994249 )
- Jan 2022 Total hip arthroplasty in Cambodia. Our experience of 256 consecutive total hip arthroplasties in a low-income country & the challenge of service delivery. *Trop Doctor*. Shelton J, Dorman S, Long K, Heang O, Ngiep O, Gollogly J. (PMID: 34986051)
- Apr 2021 Management of acute paediatric fractures treated surgically in the United Kingdom: A cross sectional study. *The Annals*. Rashid M, Dorman S, Humphry S, POTS Collaborators. (PMID: 33682433)
- Mar 2021 Collaborative Overview of Coronavirus impact on Orthopaedic training in the UK (COVI - ORTH UK). *Surgeon*. Jayatilaka MLT, As-Sultany M, Gabr A, Thornton L, Graham S, Mason L, Farrar NG; COVI-ORTH UK. (PMID: 33762160)
- Dec 2020 Management of upper limb spasticity in children with cerebral palsy. *Orthopaedics and Trauma*. Dorman S, Nixon M.
- Oct 2020 The Salter Innominate Osteotomy Does Not Lead to Acetabular Retroversion. *J Paed Orth*. Airey G, Shelton J, Dorman S, Wright D. (PMID 33136791)
- Sept 2020 Inequality, discrimination and regulatory failure in surgical training during pregnancy. *JTO*. Dorman S, Wharton D.
- Oct 2019 Complications in children's orthopaedics: avoiding late deformity in paediatric fracture surgery. *Orthopaedics and Trauma*. Dorman S, Shelton J, Walton R.
- Feb 2019 How well do we reduce ankle fractures intra-operatively. *The Foot*. Shelton J, Dorman S, Doorgakant A, Wood E. (PMID 31085446)
- Feb 2018 Management of medial humeral epicondyle fractures in children: A structured review protocol for a systematic review of the literature and identification of a core outcome set using a Delphi survey. *Trials*. Dorman S, Shelton J, Kirkham JJ, Linkman K, Perry D. (PMID 29458402)
- Jan 2018 An audit of clinical training exposure amongst junior doctors working in Trauma & Orthopaedic Surgery in 101 hospitals in the United Kingdom. *BMC Med Educ*. Dorman S, BONE Collaborative, Rashid, M. (PMID 29291730)



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- Dec 2014 Establishing a children's orthopaedic hospital for Malawi: A review after 10 years. *Malawi Med J.* Dorman S, Graham S, Paniker J, Phalira S, Harrison W. (PMID 26167261)
  - Oct 2014 Extraction of incarcerated medial epicondyle from the elbow joint using conventional nerve stimulator: a case report. *J Medical Case Rep.* Dorman S, Sripada S, Clift B, Jariwala A. (PMID 25294274)
  - May 2014 The Medical School Rumour Mill. *The Clinical Teacher* Shelton J, Dorman S. (PMID 24802927)
  - Aug 2013 Cozens Phenomena- a reminder. *Scottish Medical Journal* Dorman S, Jariwala A, Campbell D. (PMID: 23960063)
- 8 additional non PMID publications available on request.

## PUBLICATIONS: BOOK CHAPTERS

- In press Children's Orthopaedic Clinics Upper Limb. Postgraduate orthopaedic clinics. Dorman S, Fernandes J. CRC press.
- In press Congenital Upper limb. Postgraduate Orthopaedics. Cambridge Press. Dorman S,
- In press Musculoskeletal Infections in the Immunocompromised Child. Springer Nature. Dorman S, Cashman J, Harrison WJ.
- Jan 2017 Hip Disorders in childhood. Surgery-Oxford International edition. 2017;35(1); 33-38. Dorman S, Perry D.

## PRESENTATIONS

Date	Type	Location	Title & Authors
Mar 2022	Podium	BLRS	Circular Frames are safe and effective in treatment of chronic radial head dislocation. Dorman S, Fernandes J
Mar 2022	Podium	BSCOS	Development of a Language free universal outcome measure for children (VisULim). Dorman S, Cashman J
Dec 2020	Poster, Podium	Mersey 58 society, COS (Cambodia)	Long Term management of Upper limb spasticity with selective neurectomy. Dorman S, Yong J, Gollogly J.



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Sept 2020	Podium	BOA, Virtual	Discrimination and Loss of Training during pregnancy and maternity leave in orthopaedic trainees. Dorman S, Wharton D.
Sept 2020	Podium	BOA, Virtual	10-year experience of outcomes in management of congenital pseudoarthrosis of the tibia. Dorman S, Shelton J, Gollogly J.
Mar 2019	Podium	BSCOS, Norwich	The Salters innominate osteotomy does not lead to acetabular retroversion. Shelton J, Airey G, Dorman S, Wright D, Bruce C
Mar 2019	Podium	BSCOS, Norwich	Paediatric medial humeral epicondyle fracture management: a national review of practice in Great Britain and New Zealand. Dorman S, Wilson N, Stevenson A, Perry D.
Mar 2019	Podium	BSCOS, Norwich	Prophylactic Pinning of the contralateral hip in SUFE. Tonge X, Ormsby N, Dorman S, George H.
Mar 2019	Podium	BSCOS, Norwich	A cohort study to determine the minimal clinically important difference, and patient acceptable symptoms state amongst of the PROMIS Mobility Score amongst lower limb injuries in children. A Study Protocol. Dorman S, Perry D, Talbot C.
May 2018	Podium	Wrightington Gold Medal Day	A Systematic review in the development of a Core Outcome Set for paediatric medial epicondyle fractures. Dorman S, Shelton J, Stevenson A, Kirkham J, Linkman K, Perry D.
April 2018	Podium	EPOS, Oslo	Paediatric medial humeral epicondyle fracture management: a national review of practice in Great Britain. Stevenson A, Dorman S, Mohammad M, Perry D.
Sept 2017	Podium	BOA, Liverpool	Paediatric Orthopaedic Trauma SnapShot. BONE Collaborative.
Mar 2017	Podium	BSCOS, Glasgow	Can we predict risk and grade of contralateral SUFE based on radiographic parameters at first presentation? Dorman S, Ayodele O, Shelton J, Bruce C, Perry D, George H.



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Sept 2015	Podium	BOA Liverpool	Strict Criteria for the acceptance of closed reduction of hip in DDH—does it influence rate of osteonecrosis? Dorman S, Shelton J, Walton R, Garg N, Bruce C
Sept 2015	Podium	BOA, Liverpool	Invited: Navigating the NHS, Health & Social Care Dorman S.
May 2015	Podium	EFFORT Prague	The Liverpool Upper Limb Fracture Assessment of Neurovascular Status In Children's Upper Limb Fractures. Shelton J, Dorman S, Dhadwal A, Wright D.
Mar 2014	Podium	BLRS, Dublin	Is hip distraction post femoral head collapse in severe SUFE a viable treatment option? Dorman S, Maheshwari R, George H, James L

17 poster & 4 podium presentations available on request.